

# STUDENT AND PARENT WORKSHOP #1 TUESDAY FEBRUARY 9, 2021

1: 00 PM

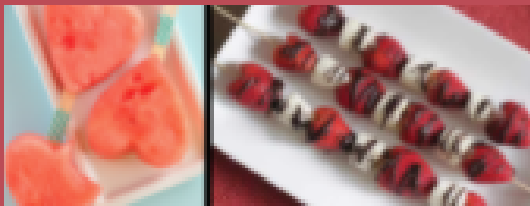
ZOOM ID: 835-7603-3226

*Theme: Valentines Day Celebration*

## RECIPE DEMO: YUMMY FRUIT HEARTS

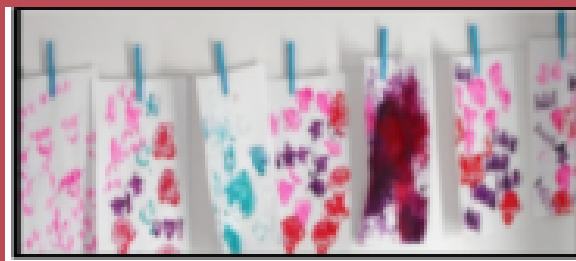
Join Mrs. Grace in creating 2 exciting  
Fresh Fruit Popsicles

1. Watermelon heart Popsicle
2. Strawberry hearts dipped in healthy chocolate fudge
3. Discussion of Carbohydrates and fats in our Kitchen!



## HANDS-ON CRAFT: VEGGIE VALENTINES:

Join Mr. Max and make a card for  
someone you love using fun vegetable  
stamps and other materials from the  
kitchen



## VALENTINES SCIENCE IN THE KITCHEN:

Join Mrs. Megan in the lab as she  
explores the role of volcanoes and  
makes a glittery valentine volcano in  
her kitchen

